

**Quad Cup 3
at Bowdoin College
January 29, 2000**

Preliminaries MEN'S 55 METER DASH Heat 1: 1. Josh Helfat, BOWDOIN COLL 6.84; 2. Chris Roy, SPRINGFIELD 6.94; 3. Mark Tang, TUFTS UNIVER 7.08; 4. Bryan Pitko, TUFTS UNIVER 7.11; 5. Eric Diamon, BOWDOIN COLL 7.12; 6. Jon Manosh, SPRINGFIELD 7.17; 7. Phil Najemy, SPRINGFIELD 7.56. Heat 2: 1. Matthew Volk, BOWDOIN COLL 6.70; 2. Chris Davidson, BOWDOIN COLL 6.84; 3. Paul Saloman, TUFTS UNIVER 6.92; 4. Adam Barrer, TUFTS UNIVER 6.95; 5. Emeka Linton, TUFTS UNIVER 7.09; 6. Vin Mazzaferro, SPRINGFIELD 7.11.

Finals MEN'S 55 METER DASH 1. Matthew Volk, BOWDOIN COLL 6.69; 2. Josh Helfat, BOWDOIN COLL 6.76; 3. Chris Davidson, BOWDOIN COLL 6.77; 4. Adam Barrer, TUFTS UNIVER 6.79; 5. Paul Saloman, TUFTS UNIVER 6.87; 6. Chris Roy, SPRINGFIELD 6.89; 7. Mark Tang, TUFTS UNIVER 7.01; 8. Emeka Linton, TUFTS UNIVER 7.14.

Finals MEN'S 200 METER RUN 1. Scott Schilling, BOWDOIN COLL 22.64; 2. Brian Lemieux, TUFTS UNIVER 22.82; 3. Greg Devine, TUFTS UNIVER 23.25; 4. Josh Helfat, BOWDOIN COLL 23.40; 5. Adam Barrer, TUFTS UNIVER 23.44; 6. Chris Davidson, BOWDOIN COLL 23.45; 7. Paul Saloman, TUFTS UNIVER 23.83; 8. Chris Roy, SPRINGFIELD 23.87; 9. Matthew Volk, BOWDOIN COLL 23.90; 10. Evan Matzen, BOWDOIN COLL 24.29; 11. Jon Manosh, SPRINGFIELD 24.30; 12. Vin Mazzaferro, SPRINGFIELD 24.51; 13. Emeka Linton, TUFTS UNIVER 24.53; 14. Eric Diamon, BOWDOIN COLL 24.99; 15. Chris Puleo, RHODE ISLAND 25.32; 16. Phil Najemy, SPRINGFIELD 26.66; - Anthony Small, BOWDOIN COLL DQ.

Finals MEN'S 400 METER RUN 1. Brian Lemieux, TUFTS UNIVER 51.34; 2. Andrew Benedect, TUFTS UNIVER 52.67; 3. Costa Nicolaou, TUFTS UNIVER 53.27; 4. Evan Matzen, BOWDOIN COLL 53.77; 5. Anthony Small, BOWDOIN COLL 55.00; 6. Cory Langone, SPRINGFIELD 55.22; 7. Chris Puleo, RHODE ISLAND 56.21; 8. Joe Martino, SPRINGFIELD 56.48; 9. Andrew Graustein, BOWDOIN COLL 56.67.

Finals MEN'S 600 METER RUN 1. Rob Mandle, BOWDOIN COLL 1:23.43; 2. Ben Harwood, SPRINGFIELD 1:24.97; 3. Bryant Coen, TUFTS UNIVER 1:25.02; 4. Adam Sharp, TUFTS UNIVER 1:25.35; 5. Mike Pesa-Fallon, BOWDOIN COLL 1:27.98; 6. Jorge Torres, BOWDOIN COLL 1:27.99; 7. Bjorn Carey, BOWDOIN COLL 1:28.67; 8. Jamie Benson, SPRINGFIELD 1:30.38; 9. John Murphy, TUFTS UNIVER 1:30.49; 10. John Yost, BOWDOIN COLL 1:36.62; 11. Nick Alfred, RHODE ISLAND 1:38.53; 12. Adam Cook, BOWDOIN COLL 1:40.73; 13. Brian Carney, RHODE ISLAND 1:45.56.

Finals MEN'S 800 METER RUN 1. Chris Downe, BOWDOIN COLL 1:54.41; 2. John McGuire, TUFTS UNIVER 1:58.08; 3. Byron Boots, BOWDOIN COLL 1:58.55; 4. Dan Barry, TUFTS UNIVER 2:00.36; 5. Dana Brick, SPRINGFIELD 2:04.15; 6. Brett Kobelin, TUFTS UNIVER 2:13.08.

Finals MEN'S 1,000 METER RUN 1. Peter Rodrigues, TUFTS UNIVER 2:34.72; 2. Jeffrey Rubens, BOWDOIN COLL 2:35.11; 3. Rob Mateicka, SPRINGFIELD 2:35.85; 4. Adam Sharp, TUFTS UNIVER 2:37.46; 5. Matt Mellen, BOWDOIN COLL 2:37.86; 6. Ben Smith, TUFTS UNIVER 2:38.20; 7. Patrick Vardaro, BOWDOIN COLL 2:40.30; 8. Jacob Berman, TUFTS UNIVER 2:41.65; 9. Dan Gulotta, BOWDOIN COLL 2:42.29; 10. Tilden Daniels, BOWDOIN COLL 2:43.42; 11. Clint Huston, BOWDOIN COLL 2:43.77; 12. Sam Dangremond, TUFTS UNIVER 2:52.64; 13. Andrew Tupaj, TUFTS UNIVER 2:53.11; 14. Nick Alfred, RHODE ISLAND 2:56.40.

Finals MEN'S 1,600 METER RUN 1. Dave Patterson, TUFTS UNIVER 4:22.65; 2. Peter Rodrigues, TUFTS UNIVER 4:26.74; 3. Patrick Vardaro, BOWDOIN COLL 4:29.25; 4. Tilden Daniels, BOWDOIN COLL 4:29.54; 5. Tom Duggan, SPRINGFIELD 4:30.65; 6. Aristides Cruz, TUFTS UNIVER 4:32.19; 7. Jason Mann, TUFTS UNIVER 4:33.29; 8. Peter Duyan, BOWDOIN COLL 4:35.16; 9. Rich Sherman, BOWDOIN COLL 4:43.62; 10. Andrew Tupaj, TUFTS UNIVER 4:56.20.

Finals MEN'S 5,000 METER RUN 1. Steven Allison, BOWDOIN COLL 15:06.50; 2. Matt Lyons, TUFTS UNIVER 15:07.58; 3. Steve Kaye, TUFTS UNIVER 15:23.42; 4. Jason Mann, TUFTS UNIVER 15:27.87; 5. Ryan Johnson, BOWDOIN COLL 15:41.16; 6. Jonah Misterka, TUFTS UNIVER 15:47.19; 7. Phil Reutlinger, SPRINGFIELD 15:49.26; 8. Todd Forsgren, BOWDOIN COLL 15:59.73; 9. Toby Walch, BOWDOIN COLL 16:13.33; 10. Jason Hewitt, TUFTS UNIVER 16:20.74; 11. Conor O'Brien, BOWDOIN COLL 16:30.60; 12. Adam Pignatelli, TUFTS UNIVER 16:47.51; 13. Justin Lewis, TUFTS UNIVER 17:05.68; 14. Ethan Danahy, TUFTS UNIVER 17:17.57; 15. Jeff Montagano, RHODE ISLAND 17:36.14; 16. Dan Ferro, RHODE ISLAND 18:35.81; 17. Jason Kronstat, TUFTS UNIVER 18:54.39.

Preliminaries MEN'S 55 METER HIGH HURDLES Heat 1: 1. Bryan Pitko, TUFTS UNIVER 8.27; 2. Adam Hughes, SPRINGFIELD 8.31; 3. Andrew Benedect, TUFTS UNIVER 8.32; 4. Tim Georoff, BOWDOIN COLL 8.59; 5. Adam Mantzaris, TUFTS UNIVER 9.24.

Heat 2: 1. Greg Devine, TUFTS UNIVER 8.03; 2. Franco Pollini, BOWDOIN COLL 8.17; 3. Jesse Cargill, BOWDOIN COLL 8.72; 4. Jason Aguda, SPRINGFIELD 9.24.

Finals MEN'S 55 METER HIGH HURDLES 1. Greg Devine, TUFTS UNIVER 7.86; 2. Bryan Pitko, TUFTS UNIVER 8.04; 3. Adam Hughes, SPRINGFIELD 8.11; 4. Andrew Benedect, TUFTS UNIVER 8.15; 5. Franco Pollini, BOWDOIN COLL 8.21; 6. Tim Georoff, BOWDOIN COLL 8.49; 7. Jesse Cargill, BOWDOIN COLL 8.72; 8. Jason Aguda, SPRINGFIELD 8.91.

Finals MEN'S 4X400 METER RELAY 1. BOWDOIN COLL 3:28.04; 2. SPRINGFIELD 3:38.00; - TUFTS UNIVER DQ. Finals MEN'S 4X800 METER RELAY 1. BOWDOIN COLL 8:22.32; 2. TUFTS UNIVER 8:42.58.

Finals MEN'S HIGH JUMP 1. Mike Heitkamp, SPRINGFIELD 6-04 (1.93m); 2. Ethan Brown, SPRINGFIELD 6-02 (1.88m); 3. Adam Mantzaris, TUFTS UNIVER 5-10 (1.78m); 4. Jesse Cargill, BOWDOIN COLL 5-08 (1.73m); 5. Joseph Schneier, TUFTS

UNIVER 5-06 (1.68m); 6. Ken Clark, SPRINGFIELD 5-06 (1.68m); 7. Costa Nicolaou, TUFTS UNIVER 5-06 (1.68m); 8. Tim Georoff, BOWDOIN COLL 5-04 (1.63m); 8. Michael Butler, BOWDOIN COLL 5-04 (1.63m); 10. Rob Aaron, TUFTS UNIVER 5-04 (1.63m); - Kevin Briggs, SPRINGFIELD NH; - Tim Pasakarnis, BOWDOIN COLL NH.

Finals MEN'S POLE VAULT 1. Josh Helfat, BOWDOIN COLL 14-0 (4.27m); 2. Michael Butler, BOWDOIN COLL 12-0 (3.66m); 3. Steve Ryder, SPRINGFIELD 12-0 (3.66m); 4. Thurston Riday, BOWDOIN COLL 11-0 (3.35m); - Nathan Dill, BOWDOIN COLL NH; - Ethan Brown, SPRINGFIELD NH; - Don Cervellini, SPRINGFIELD NH; - Jay Basnight, BOWDOIN COLL NH.

Finals MEN'S LONG JUMP 1. Mike Heitkamp, SPRINGFIELD 20-06.50 (6.26m); 2. Mark Tang, TUFTS UNIVER 20-03.50 (6.18m); 3. Greg Devine, TUFTS UNIVER 20-03 (6.17m); 4. Michael Butler, BOWDOIN COLL 19-10.50 (6.06m); 5. Jason Aguda, SPRINGFIELD 19-03 (5.87m); 6. Adam Mantzaris, TUFTS UNIVER 18-08 (5.69m); 7. Franco Pollini, BOWDOIN COLL 18-05.50 (5.63m); 8. Craig Swieton, SPRINGFIELD 18-04.50 (5.60m); 9. Tim Georoff, BOWDOIN COLL 16-07.50 (5.07m); 10. Brian Carney, RHODE ISLAND 16-07 (5.05m); 11. Costa Nicolaou, TUFTS UNIVER 16-04.50 (4.99m); - Jeff Conlon, SPRINGFIELD FOUL.

Finals MEN'S TRIPLE JUMP 1. Brian Lemieux, TUFTS UNIVER 40-10 (12.45m); 2. Jason Aguda, SPRINGFIELD 39-02 (11.94m); 3. Tim Pasakarnis, BOWDOIN COLL 38-11.50 (11.87m); 4. Craig Swieton, SPRINGFIELD 38-03.50 (11.67m); 5. Ethan Brown, SPRINGFIELD 38-02.75 (11.65m); 6. Don Cervellini, SPRINGFIELD 37-04.50 (11.39m); 7. Bryan Pitko, TUFTS UNIVER 37-02.50 (11.34m); 8. Bill Baghdadi, SPRINGFIELD 35-01 (10.69m); 9. Ken Clark, SPRINGFIELD 34-05.50 (10.50m); 10. Joseph Schneier, TUFTS UNIVER 32-11.50 (10.05m); - Adam Mantzaris, TUFTS UNIVER FOUL.

Finals MEN'S SHOT PUT 1. Damian Larkins, SPRINGFIELD 16.20m (53-01.75); 2. Eric Fortin, BOWDOIN COLL 15.75m (51-08.25); 3. Brandon Mahoney, SPRINGFIELD 15.00m (49-02.50); 4. Mike Mastro, SPRINGFIELD 14.30m (46-11); 5. Chris Martin, TUFTS UNIVER 13.49m (44-03.25); 6. Jason Fortin, BOWDOIN COLL 13.37m (43-10.50); 7. Jeff Smith, SPRINGFIELD 13.36m (43-10); 7. Kevin Briggs, SPRINGFIELD 13.36m (43-10); 9. Matt Payne, TUFTS UNIVER 12.07m (39-07.25); 10. Jamie Salsich, BOWDOIN COLL 12.04m (39-06); 11. Andrew Dickerson, TUFTS UNIVER 11.67m (38-03.50); 12. Kevin Waltrous, TUFTS UNIVER 11.10m (36-05); 13. Dave MACDONALD, BOWDOIN COLL 11.06m (36-03.50); 14. Adam Lukowski, TUFTS UNIVER 10.93m (35-10.50).

Finals MEN'S WEIGHT THROW 1. Matt Miller, SPRINGFIELD 14.97m (49-01.50); 2. Kevin Waltrous, TUFTS UNIVER 14.06m (46-01.50); 3. Jeff Scott, SPRINGFIELD 13.86m (45-05.75); 4. Jeff Smith, SPRINGFIELD 13.64m (44-09); 5. Eric Fortin, BOWDOIN COLL 13.55m (44-05.50); 6. Kevin Briggs, SPRINGFIELD 12.61m (41-04.50); 7. Andrew Dickerson, TUFTS UNIVER 12.27m (40-03.25); 8. Mike Mastro, SPRINGFIELD 12.08m (39-07.75); 9. Matt Payne, TUFTS UNIVER 11.00m (36-01.25);

10. Adam Lukowski, TUFTS UNIVER 10.40m (34-01.50); 11. Matthew Warres,
BOWDOIN COLL 9.73m (31-11.25); 12. Chris Martin, TUFTS UNIVER.

Final Team Scores: 1. TUFTS UNIVERSITY, 208; 2. BOWDOIN COLLEGE, 183; 3.
SPRINGFIELD COLLEGE, 144; 4. RHODE ISLAND COLLEGE, 2.

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