**CLASS MEETING & EQUIPMENT FITTINGS/RENTAL**

An organizational Class Meeting & Fittings will take place WEDNESDAY JANUARY MONDAY 16th at 4:30pm in Room 301 Tisch Sports & Fitness Center.

**CLASS CALENDAR**

Lessons will be held on **6 consecutive Wednesdays regardless of holidays:**

- January 16th: 4:30pm in Room 301 Tisch Sports & Fitness Center
- January 30
- February 6
- February 13
- February 20
- February 27
- March 6

**LOCATION**

Nashoba Valley Ski Area is in Westford, MA. (45 minutes from Tufts)

**TRANSPORTATION**

*Depart from Carmichael Hall via bus at 4:30 pm on Wednesdays. The Bus will leave promptly at 4:30pm! Plan to arrive early, as the bus will be ready to load at 4:15. The Bus will leave Nashoba at 9:15pm and arrive at Tufts by 10:30pm.*

All students registered for this class **MUST use the chartered bus both ways!!!! You may not use your own transportation.**

No alcoholic beverages are permitted on the bus or at the ski area. If you bring food on the bus, you must dispose of all trash properly.

**Seating** for the bus will be determined on the first day and will remain the same for the remainder of the program.

**SUPERVISION**

- The Administrative Supervisor for the Tufts Ski/Snowboard Program is Branwen Smith-King ext.3782.
- Cora Thompson ext. 5471 will be the chaperone for the class and will accompany the bus to Nashoba Valley.

**LESSONS**

Students of all levels will be accommodated. Lessons are from 7:30pm-9:00pm. **(Open skiing/snowboarding from 5:00pm-7:30pm, a good time to practice your newly acquired skills. )** Classes are taught by professional instructors from the Nashoba Valley Ski and Snowboard School.

Dress appropriately for cold weather (even if it feels warm at Tufts) Gloves, ski hat, wool socks, and long underwear are recommended. If you are a beginner, wear pants that do not absorb water easily.
SAFETY

- PLEASE DO NOT SKI WHEN YOU HAVE BECOME FATIGUED!! That “one last run” could be dangerous.

- Do not ski in the snowboard area.

- In the event you are injured and taken to the Ski Patrol Hut, please identify yourself as a Tufts student. A general announcement will be made for the Tufts on-site supervisor to report to the First Aid station. You will meet the supervisor at the First Aid station and further arrangements will be made. Any injuries should be reported to the Supervisor or the Physical Education office the following day.

MISSED CLASSES
Students are not allowed to miss class unless it is a medical excuse. Contact Cora Thompson ext.5472 for approved absences at least 24 hours before class.

CANCELLATION OF LESSONS
Please call the PE Office between 12:00 and 4:00pm if you think class might be cancelled due to weather. Class will not be cancelled due to cold weather.

PHYSICAL EDUCATION CREDIT INFORMATION
Students who enroll and attend six classes will receive a half credit Pass/Fail.

Questions about the class?
CALL: PE Office 627-5471 or 3782
PLEASE READ!

FEES & REFUND POLICY

Lab Fees & Forms
Lab fees must be paid by January 16th, 2013.

Mail to:
Branwen Smith-King
161 College Avenue
Tisch Sports & Fitness Center
Tufts University, Medford MA 02155

Cash or Check accepted. No Bursar Bill or credit card charges!
Checks payable to "Trustees of Tufts College"

Fees:

Students with No Rental $350
Students with a Ski Rental $385
Students with a Snowboard Rental $385
Helmet Rental – Required $40
Or $55 to purchase your own helmet
**No partial rental of ski or snowboard equipment available**

Forms
All registered students must complete the following and submit with fee:
   1. Information Form
   2. Waiver Form

**All FEES & FORMS due Wednesday, January 16th.**

Fee Penalties
It is very important for all students to read and understand the refund policy.
Transportation, lessons and fees are based on a 6 class commitment by all registered
students. Nashoba Valley will not credit Tufts University or students for any missed
classes. There are no exceptions to this rule (injury excluded on an individual basis).

THERE WILL BE NO REFUNDS ONCE THE CLASS BEGINS!
Please plan accordingly if you do not want to forfeit your fees.

Dropping the Class?:
Signature needed from Cora Thompson
Office: Room 405 Tisch Sports & Fitness Center
Phone: 627-5471 or 3782
Email: cora.thompson@tufts.edu