### EMOTIONAL HEALTH
- Counseling, Consultations & Referrals:
  - Alcohol & Drug Concerns
  - Anxiety
  - Chronic Illness
  - Depression
  - Eating Disorders
  - Family & Relationship Concerns
  - Gambling
  - Meditation
  - Mindfulness
  - Partner Violence
  - Smoking Cessation
  - Sleep Issues
  - Stress Management

### PARENTING
- Childcare Consultation & Referrals:
  - Back-up Care
  - Before/After School
  - Childcare Centers
  - Family Day Care
  - Nannies & In-home Care
  - Summer Camps

### ELDERCARE
- Consultation & Referrals:
  - Assisted Living Facilities
  - Caregiver Support
  - Community Services
  - Home Health Care
  - Hospice
  - Medicare/Medicaid
  - Nursing Homes
  - Respite Care
  - Social Security
  - Transportation

### FINANCIAL
- Consultation & Referrals:
  - Budgeting
  - Credit Problems
  - Debt Management
  - Financial Wellbeing
  - Homebuying Information
  - Insurance Planning
  - Retirement Planning
  - Tax Resources

### WORK
- Consultation & Referrals:
  - Career Exploration
  - Interest Testing
  - Job Performance Concerns
  - Job Search Strategies
  - Resume Review
  - Time Management
  - Work-life Integration
  - Work Stress

### LEGAL
- Consultation & Referrals:
  - Bankruptcy
  - Child Custody & Support
  - Consumer Issues
  - Elder Law
  - Estate Planning
  - Immigration
  - Landlord Tenant Disputes
  - Real Estate Concerns
  - Restraining Orders
  - Separation & Divorce
  - Wills & Trusts

### CONVENIENCE SERVICES
- Information & Referrals:
  - Community Education Classes
  - Fitness Programs & Trainers
  - Home Cleaning
  - Home Repair Services
  - Moving Services
  - Organizer Services
  - Pet Care
  - Relocation Information
  - Yoga Classes

### NUTRITION
- Consultation & Information:
  - Child Friendly Meals
  - Diabetes
  - Food Allergies
  - Gastrointestinal Problems
  - Healthy Eating
  - High Blood Pressure
  - High Cholesterol
  - Lactation
  - Weight Management