A Student's Guide to the Eliot-Pearson Department of Child Study and Human Development

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"I love Eliot-Pearson because of the amazing, compassionate, and inspiring faculty. Even if it's a short meeting during office hours, the professors are always willing to listen, give advice, and help us discover and accomplish what we really want to study and do."
-Sarah Brown, '16

"If you have any questions about courses, the major, or future careers, don't keep them to yourself! Pop by Eliot-Pearson and ask someone at the front desk. Or better yet, reach out to upperclassmen or the CDA. It will be easier to navigate Eliot-Pearson and the CSHD major if you reach out."
-Wilna Paulemon, '18
This resource was created by the Tufts Child Development Association

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Who Are We?

The Tufts Child Development Association (CDA) is a community that exists to support all Tufts students as they explore and engage with the Eliot-Pearson Department of Child Study and Human Development at Tufts. We help plan and host events in the department such as professor dinners and course advising nights. We work closely with the department faculty and administration and have made it our goal to be available as an approachable link between undergraduate students and the Eliot-Pearson faculty. We are always looking for new members and ways to support our fellow CSHD majors as they find their home at Eliot-Pearson.

Please feel free to reach out to us with any and all questions, concerns, suggestions, etc. and we will do our best to help you (or find someone else who can)!

Contact Us: E-mail: tuftscda@gmail.com
Facebook: https://www.facebook.com/tuftscda

Got Questions?

Check out the "Ask the CDA" form on our Facebook page!

Reasons You Might Contact Us:

-To get involved with the CDA
-For clarifications of major requirements
-To suggest future CDA events/programs
-If you would like to be introduced to professors or upperclassmen who can best answer your questions
-To receive advice about courses or professors
-If you want more information about upcoming department events
Completing the CSHD Major

1 Find an Advisor
In order to declare, you will need to select a major advisor. The professor you choose must be a full-time faculty member. Some of the older Major Declaration forms may have the option to receive a random advisor assignment, but that service is no longer available. One way to get to know the professors is by reading their profiles on the department website. You can see if their research, work and expertise are similar to your interests. If you are overwhelmed by this step or just don’t know where to start, you can contact Dr. George Scarlett or someone in the CDA and they will be happy to help.

2 Pick a Concentration
You do not need to "declare" your concentration, but it is good to be aware of the options when you enter the major. 3 courses in your concentration are required to complete the major.

The 7 concentrations are:

1. Child and Family Health
2. Child and Family Policy
3. Children, Arts, Technology, and Media
4. Language and Literacy
5. Atypical Development
6. Early Childhood Education
7. Developmental Science

"My favorite classes have been in the Child Study and Human Development Department! As you take more courses beyond CSHD 1, the smaller class sizes make for insightful discussions that will keep you thinking long after class." - Wilna Paulemon, '18

Courses that qualify for these concentrations can be found on the Eliot-Pearson website: http://ase.tufts.edu/epcsjd/undergraduate/major.htm

3 Take the Courses!
The requirements to complete the major are 10 credits distributed as follows:

- 2 foundational courses:
  - Introduction to CD (CSHD-001)
  - 1 of the following:
    - Intellectual Development in Children (CSHD-0051/151)
    - Personal-Social Development (CSHD-0061/161)
    - Childhood Across Cultures (CSHD-0062)
    - Development of Language (CSHD-0155)
- Inquiry and Analysis in Child Study and Human Development (CSHD-0042)
- 3 courses from your concentration
- 1 AREA credit (fieldwork or research experience, may be two 1/2 credits)
- 3 electives, one may be in a related field

"I love that everyone in the CSHD Department, be it students or faculty, on the one hand have such varied interests and on the other hand have the same interest: doing everything we can to understand and help children." - Mishla Baz, '18

To track your progress in the CSHD major, check out the Degree Tracking Worksheet on the next page!
Degree Tracking Worksheet
For the Child Study & Human Development Major
Prepared by the Child Development Association, January, 2016

10 courses total; ★ indicates a required course

Two Foundational Courses
★ 1. CSHD 1- Introduction to Child Development
★ 2. One course chosen from the following: CSHD 51, 61, 62, or 155

One Methods Course
★ 3. CSHD 42- Inquiry & Analysis in Child Development

Three Concentration Courses
4. __________________________
5. __________________________
6. __________________________

Visit the department website for a list of different course offerings within the 7 concentrations

One AREA Course (A Fieldwork or Research Experience)
7. __________________________

Two ½ credit courses may be used to fulfill this requirement

Three Elective Courses
8. __________________________
9. __________________________
10. __________________________

If you choose to take ASL-2 and ASL-3 as electives, a related fields course may NOT be used to fulfill the third elective.

One elective may be a related field course taken outside the department. E-mail Dr. George Scarlett for approval to use a related course within the CSHD major.
Completing a CSHD Minor

To fulfill the CSHD minor, you must complete five different courses related to the field of Child Study and Human Development.

★ indicates a required course

Two Foundational Courses

★ 1. CSHD 1 - Introduction to Child Development

★ 2. One course chosen from the following: CSHD 51, 151, 61, 161, 62, or 155

Three CSHD Electives

3. __________________________

4. __________________________

5. __________________________

For more information about the Child Study and Human Development Minor requirements, visit the department website here: http://ase.tufts.edu/epcs/hd/undergraduate/minor.htm

Applied or Research Experience

One requirement of the CSHD major is an applied experience (either research or fieldwork).

There are many different ways to fulfill this aspect of the major.

Using Research for the AREA Requirement

Most professors in the department conduct research and are often looking for new assistants!

Even as an undergrad you can become an integral part of a research team. Research can count towards the major, either through two half credits or one full credit. Often, there is a seminar component to the credit that meets weekly or bi-weekly. Research may include literature reviews, data entry, interviewing, coding samples, or writing and editing publications. The best way to get involved is to email the professor directly.

Information about fieldwork can be found on the next page.
So you want to do
FIELDWORK...

What does fieldwork mean?

- You will complete a fieldwork placement (typically 10 hrs/week) to be accompanied by a 1 credit seminar.
- Fieldwork is recommended in junior or senior year.
- There are multiple fieldwork classes that are available to undergraduates:
  1. CSHD-0099 (Dr. George Scarlett)
  2. CSHD-0130: Topics in ECE (Dr. Mary Anton-Oldeenberg)
  3. CSHD-0100 (Dr. Kerri Modry-Mandell)
(This course is for those interested specifically in child health. If CSHD 100 does not work with your schedule, you can still focus on health in CSHD 99)

Where do I start?

1. Attend one of the information sessions that Dr. Scarlett and Dr. Modry-Mandell hold each semester.
2. Email Dr. Modry-Mandell early during the semester before you wish to do fieldwork and fill out the Field Placement Request Form which can be found on the Eliot-Pearson website under the "Fieldwork" tab.
3. Meet with Dr. Modry-Mandell to discuss your interests so she can start looking for opportunities.
4. She will let you know if you may register for fieldwork in the upcoming semester. You must submit paperwork to Rita Bartolomeu in person at the department to get approval to register on SIS.

Past opportunities for fieldwork or research:

- Center for Children with Special Needs at Tufts Medical Center
- Massachusetts Healthy Families Evaluation
- Eliot-Pearson Children’s School
- Intercountry Adoption Project (ICAP)
- Fieldwork abroad in Copenhagen, Japan & more!
- The Children’s Television Project
Find a job at Eliot-Pearson!

Tufts Literacy Corps

TLC provides one-on-one tutoring to children in Medford and Somerville. They employ about 100 undergraduate and graduate students to tutor reading, writing, or math. Tutors work on campus, in local schools, or in local Boys and Girls Clubs, and can either volunteer or get paid through their work study funding. The time commitment ranges based on student availability.

Evelyn G. Pitcher Curriculum Resource Laboratory

Employees in the Curriculum Lab do administrative tasks such as ordering supplies, cataloging inventory, organizing lab storage spaces, and cleaning. They may also research and propose updates and expansions to collections in the lending library that relate to their interest areas (i.e. math curriculum, Anti-Bias Education, music, etc.). The number of students that work in the lab varies by semester. To inquire about work study opportunities in the lab, e-mail Dr. Bruce Johnson.

JumpStart

Jumpstart is a national organization that aims to provide preschool children from low-income neighborhoods with the skills they need to succeed in Kindergarten and beyond. Students will be trained then will go into a preschool classroom twice a week for a total of 10-12 hours and can get paid through work study. You must work a minimum of 300 hours to receive work study payment.

Dev Tech

The Developmental Technologies Research Group (DevTech), run from Tufts campus, researches the way that new technologies (such as robotics) play a part in development and learning. Get in touch with Professor Marina Bers to inquire about joining the research team.

Research Assistant Positions

Professors in the department have positions for undergraduate and graduate students on their research teams. Some of these positions pay and some do not. You cannot get both credit and get paid for such a position.
Beyond Tufts: What Can You Do With a CSHD Degree?

Some people believe that the only career you can have with a degree in child development is teaching. Teaching is one great option, but Eliot-Pearson graduates go on to pursue work in a wide variety of important fields. These include, but are not limited to:

- Policy Advocacy
- Early Childhood Education
- Occupational Therapy
- Pediatrics
- Social Work
- Speech-Language Pathology
- Special Education

- App Design
- Child Life Specialist
- Research
- Program Evaluation
- Early Intervention
- Counseling
- Children’s Media Production
- Children’s Marketing

Eliot-Pearson surveyed graduates from 2006-2010 about their post-graduate activity:

68% Attended graduate school
- 72% Masters Programs (Education, Occupational Therapy, Speech & Language, Nutrition, Social Work, other MA programs)
- 28% Doctoral Studies (MD, Ph.D. PsyD, JD, Dental, Pharmacy, Public Health)

32% Did not attend graduate school
- 69% Working for government sponsored programs or non-profits serving children (Teach for America, Peace Corps, Jumpstart, after-school programs)
- 22% Conducting research on children (over 50% on health related topics)
- 9% Jobs not related to serving or researching children

Tufts CDA

"At Eliot-Pearson, I found a community that venerates child-centered careers. The Eliot-Pearson community is full of people who believe that we can improve the world by increasing our understanding of children and their development.”

-Holly Janssen, '16
Registration and Courses

Where can I find descriptions of CSHD courses that will be offered next semester?

Currently, the best way to get detailed descriptions of courses is to go to the department and ask for a paper copy of the course listings for the next semester. The listing of current course offerings is available on the website under "courses" but the listings for next semester will not be available immediately on the website.

What are the CSHD-143 courses?

These are special topics courses, which have not yet been added to the permanent course selection. They provide opportunities to explore specific topics in child development and may contain a research component. For a more detailed description of these courses, consult a paper course offering brochure available in the department.

Which courses require department approval prior to enrollment on SIS?

Community Field Placement, Child Health Seminar, Independent Study classes, and ASL-I require paperwork completed and turned in to the department before you can enroll on SIS.

Navigating Eliot-Pearson

What is the Pitcher Curriculum Resource Laboratory?

The Curriculum Lab is Eliot-Pearson Room #129. Some courses meet in this room, but if it is empty it can be used as a workspace for independent work or group projects. Eliot-Pearson students are welcome to use the computers, printer, and office supplies. In addition, there are many books, art supplies, and manipulatives available for in-lab use or to be checked out.

The space may be reserved by student groups who wish to host events related to Child Development. Please speak with Debbie Haskard or Dr. Bruce Johnson to reserve the lab. You can email Deborah.Haskard@tufts.edu or call the front desk at (617) 627-3355. Dr. Johnson can be reached at (617) 627-2829 or by email at Bruce.Johnson@tufts.edu. To learn more about the lab, please visit the lab website at: http://ase.tufts.edu/pitcherCurriculumLab/Default.htm

Where is the Stevens Library?

This is Eliot-Pearson Room #157 and is located all the way in the back of the building. Go through the connector, then through the door at the top of the ramp toward the front desk and the Stevens Library will be the furthest room on your right.

How do I schedule an observation at the Eliot-Pearson Children’s School (ECPS)?

Visit the front desk at EPCS or call (617) 627-3434. For further information about observations, visit the Children’s School website at: http://ase.tufts.edu/epcs/aboutProcedures.asp
Groups at Tufts
A selection of groups around campus which work with and/or serve children and teens

All Stars
lcsallstars@gmail.com
All Stars is an afterschool program working with children in neighborhood elementary schools. Once a week, Tufts students go out into Somerville and Medford to play sports, games, and arts and crafts with the kids. In this way, All Stars connects with the host community while offering necessary aid.

Big Brothers Big Sisters
tuftssbbbs@gmail.com
Big Brothers Big Sisters is a mentoring program and it begins by starting a new friendship with a “Little.” Tufts students visit their “Little” at a local elementary school for 40 minutes to an hour one day a week. With just a one-year commitment Big Brothers and Big Sisters change their Littles’ lives for the better, making it rewarding and easy to see that you’re making a real difference.

Boys and Girls Club
lcs.boysandgirlsclub@gmail.com
The Boys and Girls Club provides after-school programs to K-8 students in the local community. Volunteers and mentors from the Tufts community ensure that “members” of the Boys and Girls club have both the academic and emotional support that they need to succeed in school and at home.

Halloween on the Hill
halloween.hill@gmail.com
Halloween on the Hill is an event where children in the Medford/Somerville area come to the Tufts campus to trick or treat in Tufts’ dorms, as well as doing Halloween related activities, such as arts and crafts, watching student-led performances, and even going through a haunted house. All activities are led by various student groups, such as fraternities and sororities, Timmy global health, and Trunk.

JumboRead
jumboread@gmail.com
http://sites.tufts.edu/jumboread/
JumboRead is a Tufts program run through Tufts Hillel designed to promote literacy for fourth and fifth grade students. Through an 8 week session, students are given the opportunity to read, collaborate in groups and interact with Tufts students while developing a love for books!

"Getting involved with groups on campus is a great way to meet other people who are passionate about working with children and teens. I love that I have been able to apply what I’ve learned in my child development courses through participating in these groups, many of which work directly with kids and connect to the wider community!"
- Megan Coughlin ’16

Kids’ Day
lcs.kidsday@gmail.com
Each spring, LCS hosts hundreds of children from our surrounding communities for a day of fun and games, including an animal show, exciting chemistry experiments, field games and more! As one of LCS’ oldest programs, Kids’ Day has been bringing kids from Medford, Somerville, and Chinatown to campus for over 50 years.

Let’s Get Ready
tuftsler@gmail.com
Let’s Get Ready believes all students deserve equal access to the resources they need to achieve college success. This low commitment, high rewards program takes place at Somerville High School two nights a week, where volunteers teach either math or verbal SAT and college prep classes.
Peace Games
lcs.peacegames@gmail.com
Peace Games is a group that goes into the afterschool programs in local public elementary schools. Members create and teach peace education based curriculum focusing on themes like community and communication through activities, games, and discussion.

Play Pals
lcs.playpals@gmail.com
LCS Play Pals pairs up college volunteers with children ages 5 to 14 who have mental disabilities. Play Pals come together for group play on certain Saturdays in the semester, which often involve an hour of play in the gym, and an hour in the pool.

Project Linus
tufts.lcs.projectlinus@gmail.com
Project Linus is a national organization that aims to provide comfort to children and families in times of need by making and donating blankets. The Project Linus group at Tufts works with the Leonard Carmichael Society to get Tufts students involved in making blankets for local hospitals and supporting the efforts of our national organization.

Special Friends
specialfriends.lcs@gmail.com
The Special Friends program pairs each Tufts student with a child at the Bright Horizons Day Care Center at Teele Square based on similar interests and background. Children develop trusting and lasting relationships while playing, laughing, drawing, reading, and just having fun with their Special Friend and classmates for two hours each week through the academic year.

Special Olympics
lcs.special.olympics@gmail.com
The Special Olympics program at Tufts coaches friends with intellectual disabilities in soccer, basketball and track. Special Olympics also helps to fundraise for and volunteer at Special Olympics events, including its own Jumbo Olympics track and field event in the spring!

Strong Women, Strong Girls
tufts@swsg.org
Strong Women, Strong Girls is a nationally recognized non-profit that strives to raise ambition for women and girls by fostering cycles of mutual empowerment through mentoring. College women (“mentors”) plan and facilitate weekly lessons based on the SWSG curriculum with a group of 3rd-5th grade girls. The curriculum utilizes the lessons learned from strong women throughout history to encourage girls and young women to become strong women themselves.

Traveling Treasure Trunk
tuftstrunk@gmail.com
Founded in the fall of 1987. The Traveling Treasure Trunk is Tufts University’s own children’s theatre troupe that uniquely blends theatre performance with community service. TRUNK writes, directs, and costumes its own original skits, songs, and plays and performs them for kids at daycares, hospitals, and preschools in the greater Boston area.

Tufts China Care
tuftschinacare@gmail.com
In partnership with the One Sky Foundation, Tufts China Care fundraises to support foster families for orphaned children in China, through monthly bubble tea sales, Atrium Charity Ball, and LUX fashion show. China Care also hosts a monthly Dumplings Playgroup for young Chinese adoptees in the Boston area.

Tufts Tutoring
lcs.tutor@gmail.com
Tufts Tutoring is an on-campus volunteer program in which Tufts students tutor kids from the surrounding Medford and Somerville community once a week for one hour in the Tisch library or campus center. The program services kids ranging from kindergarten to the 12th grade who need assistance in a variety of different subject areas.
Child Development in the Boston Area

A list of organizations, centers, and places connected to child study and human development

Boston Children's Hospital
childrenshospital.org

Boston Children's Hospital, one of the largest pediatric medical centers in the U.S., offers a comprehensive range of health care services for children from birth through age 21.

The Boston Children's Museum is dedicated to the education of children through providing exhibits that focus on early child development, the arts, culture, and science.

Boston Children's Museum
bostonchildrensmuseum.org

The Center on the Developing Child works to drive science-based innovation that achieves breakthrough outcomes for children.

Center on the Developing Child, Harvard University
developingchild.harvard.edu

Children's Trust is a family support organization that works to develop, evaluate, and promote parenting education and coaching programs to foster healthy, nurturing environments for children.

Children's Trust
childrenstrustma.org

Cradles to Crayons provides children who are homeless or living low-income situations with essential items they need to thrive, through the help of drives, donations, and volunteers.

Cradles to Crayons Boston
cradlestocrayons.org/boston

Italian Home for Children provides progressive and therapeutic programs to help children, adults, and families with emotional, behavioral, and educational special needs thrive in their communities.

Italian Home for Children
italianhomehome.org

Judge Baker Children's Center
jbcc.harvard.edu

Judge Baker Children's Center, an affiliate of Harvard Medical School, promotes the best possible mental health of children through the integration of research, intervention, training and advocacy.
Love 146
love146.org

Love 146 is an international human rights organization working to end child trafficking and exploitation through survivor care and prevention.

The Museum of Science offers child-friendly exhibits, presentations, events, films, shows, and more that work to foster a greater interest in science and technology.

Museum of Science
mos.org

The Museum of Science offers resources centered around mental illness and provides education, support, and advocacy for individuals and families.

National Alliance on Mental Illness Massachusetts
namimass.org

NAMI offers resources centered around mental illness and provides education, support, and advocacy for individuals and families.

Sibling Connections reunites siblings who have been separated by their placement in foster care. This organization also offers training and volunteer opportunities for adults who want to better the lives of children in foster care.

Sibling Connections
siblingconnections.org

The Walker School is a non-profit special education and behavioral health organization that offers educational and clinical services for children, youth, and their families.

Walker School
walkercares.org

The YMCA is a community-based nonprofit that offers recreational programs and services for all ages, including early education and care.

YMCA of Greater Boston
ymcaboston.org
Events hosted by the Child Development Association and the Eliot-Pearson Department of CSHD

Meet the Professors
At this event, which is typically held in the fall, students can meet faculty and hear their stories about their work, their experiences, their education, and their advice for undergraduates.

Course Advising
Each semester in the weeks before course registration, CDA members hold drop-in hours during which students can ask questions about upcoming courses or the major in general.

Annual Giving Project
The CDA annual giving project seeks to combine service, awareness and programming surrounding a child-related issue. The annual giving project culminates with a donation to a child-related organization. In spring 2016, the CDA focused on school funding and collected Box Tops for Education for a Medford elementary school.

Majors Week
Each spring, Tufts holds a majors week in which students can explore different departments. The Eliot-Pearson Department of Child Study and Human Development hosts an event at which students learn about the major by talking to professors, department staff and CDA members.

Special Interest Events
Throughout the year, the CDA hosts a series of events aimed at facilitating community and promoting interest in children's issues. These events might include guest speakers, film screenings or social events. In the past, the CDA has hosted a therapy dog and a yoga class!