I’m So Busy!!!!

How Can I Stay Connected?

So many of us are juggling care giving, careers, and just life! We sometimes feel overwhelmed with everything we want to do. So let’s highlight some ways busy parents can engage and connect without adding to your stress.

- Look for meeting & activity times that work for you. At EPCS we host daytime, early evening, later evening, and weekend events/meetings – some with child care!

- Connect with other parents/community members at Wednesday morning coffee time during drop-off. Maybe commit to once a month.

- Touch base with teachers to plan activities to do with the class on your morning/afternoon off. Or, prepare something at home over the weekend to send in to the class to enjoy!

- Check your email, school mailbox, and school website often for notices about what’s going on

- Always read the message board in the lobby.

- Hang out in the courtyard for a few after pick-up once weekly/monthly.

- Join a PTLG! (Parent Teacher Learning Group)

- Ask PTAB how we can help you!
  Reach out at jjaverill@hotmail.com or MrsVJWright@gmail.com; or look us up on the phone lists!