

## **Tufts University Counseling and Mental Health Service**

124 Professors Row, Medford, MA 02155

Tel: 617-627-3350 Fax: 617-627-3592

### **Referral to Psychiatry from a Therapist in Private Practice**

Tufts University students who are enrolled at the Medford Campus and have paid the mandatory health fee are eligible to receive psychiatric care at the Tufts University Counseling and Mental Health Service (TUCMHS). If a student has enrolled in the Student Health Insurance Program at Tufts, there is no out-of-pocket expense for their ongoing psychiatric care. Otherwise, psychiatry services are charged at \$140 for a 50-minute visit, and \$90 for medication follow-up visits (20-30 minutes). TUCMHS will not bill the student's insurance, however, we can provide documentation to allow for the student to get reimbursed directly from their health insurance company.

**Student's Name:**

**Student's Telephone #:**

**Referring Clinician:**

**Date:**

**Student's Insurance:**

**Clinician's Telephone #:**

**REASONS FOR REFERRAL:** (include diagnosis and questions for differential diagnosis)

**PRESENTING PROBLEM:**

**SAFETY OR RISK ISSUES:**

**PAST TREATMENT WITH MEDICATION:** (include previous experiences with psychiatry)

**CURRENT TREATMENT:** (please indicate type, length, frequency and issues in current therapy)

**RELEVANT PSYCHOSOCIAL HISTORY:** (include developmental and family history, substance abuse history)