Department of Community Health (CH) @ Tufts
About You!

• Name
• Year
• 1 thing about you others don’t know!
About Us

– One of the oldest multidisciplinary programs at Tufts University (1975)
– Originally a certificate program, then second major, now a formal department and primary major
– 12 Courses (7 cores; 5 electives)
– Required one-semester Internship placement in the metro-Boston area
8 full time CH faculty members, faculty with joint appointments in Medford and downtown (graduate public health and community medicine program) and seasoned staff.
Community Health is an excellent choice for... 

- students interested in pursuing health-related fields:
  - public health
  - health policy
  - health economics
  - global health
  - healthcare
  - medicine
  - health education
  - healthcare consulting/analytics
  - and other many other careers...
Our courses will encourage you to...

– Gain an understanding of the major health issues faced by communities today
– Examine the social, psychological, environmental, cultural and political factors that influence health and healthcare
– Explore how research, programs and policies can be leveraged to address these health issues.

Through the lens of community.
We utilize innovative and student-centered pedagogical strategies

- *Learning through* community-based partnerships and civic engagement opportunities
- *Learning from* renowned guest speakers who are health professionals, practitioners, researchers, policy makers, providers, community activists, community members
- *Learning by visiting* local communities and partners, sites where health care takes place or groups which develop policies or programming
- Along the way you gain important professional skills (e.g., software programs, networking, research methods) and life skills (e.g., communication, collaboration, facilitation and negotiation).
A Sample of Our Courses

• A great breadth in terms of the content areas:
  
  – Dr. Acevedo (Substance Abuse/Policy)
  – Dr. Agenor (Health and Health Care Inequities)
  – Dr. Allen (Introduction to Community Health)
  – Dr. Cuevas (Race, Ethnicity and Health)
  – Dr. Kosinski (Global Health, Water/Sanitation)
  – Dr. McGregor (Hospital Systems, Health Care Policies)
  – Dr. Stransky (Women and Health)
  – Dr. Tendulkar (Community Based Participatory Research)

Supplemented by coursework in other departments to fulfill our major, including anthropology, nutrition, sociology, biology, psychology, economics etc.
Survey of Internships:
A Focus on Obesity in Boston

• Study the social factors (food deserts; work stress; sedentary lifestyles and screen time)
• Assist in a clinical trial researching a new drug treatment
• Develop an app for patients with diabetes to plan healthy meals
• Study the policies (zoning restrictions related to fast-food restaurants near schools)
• Change the policies (extend access to community members for outdoor recreational facilities)
• Develop a Get Fit campaign for a community group
• Evaluate a gardening program and the outcomes of participants
• Study fast food consumption in different neighborhoods
• Interview subjects for research on tv watching during meals
When you graduate...

- You will have the knowledge, skills and connections to work in many places such as:
  - Schools or community organizations
  - Research labs and research organizations
  - Policy think tanks
  - Government agencies
  - Health care consulting companies
  - Health systems and health departments
  - Hospitals or community health centers
  - Health care tech/pharma companies