

Group activities should reflect sensitivity to of group member’s life experiences and abilities. In meeting the needs of your group members, your community group work may encompass the following general themes:

<p><i>Health and wellness promotion/Instrumental Activities of Daily Living</i></p>	<ul style="list-style-type: none"> • Exercise • Nutrition • Healthy lifestyle choices • Balance of work, play, & rest • Reminiscence • Personal safety know-how • Preparing a snack or meal
<p><i>Social participation & leisure</i></p>	<ul style="list-style-type: none"> • Play/leisure interests • Sports • Games • Crafts • Arts • Music • Community activities
<p><i>Work/Education</i></p>	<ul style="list-style-type: none"> • Activities to promote work or student readiness
<p><i>Contextual aspects</i></p>	<ul style="list-style-type: none"> • Physical • Cultural • Spiritual • Social • Temporal
<p><i>Participation in meaningful roles</i></p>	<ul style="list-style-type: none"> • Friend • Student • Worker • Hobbyist • Family member
<p><i>Communication/Interaction Skills</i></p>	<ul style="list-style-type: none"> • Physical/nonverbal • Information exchange • Relating to others
<p><i>Performance/Process Skills</i></p>	<ul style="list-style-type: none"> • Mobility • Coordination • Strength/effort • Energy • Knowledge • Task skills • Learning from experience